

Dear Patient,

Your sleep study admission has been booked for:

Date:

Admission Time: **6:00pm - 6:30pm**

Location: **Northpark Private Hospital
135 Plenty Road, Cnr Greenhills Road
BUNDOORA VIC 3083**

Cancellations

- At least TWO full working days' notice is required to postpone or cancel your study. To cancel or change your appointment please phone (03) 9422 0077 during business hours (Mon-Thurs 9am-5pm, Fri 9am-3pm).
- If you need to cancel your appointment due to an emergency outside of business hours, please call through to the **Northpark Private Hospital main phone number on Ph: (03) 9468 0100**, to notify the nursing staff of your non-attendance. Cancellation fees may apply.

Preparation prior to your study

- To confirm your booking please complete the e-Admission within 48 hours of being booked.
- On the night of your study, prior to admission:
 - Please shower and remove any make-up/moisturizers/hair products and/or nail polish (this includes any manicures/SHELLAC/SNS type polishes - fingers only).
 - Where possible, facial hair should be kept to a minimum (cleanly shaved preferred)
- Dinner is **NOT** provided. Please make your own arrangements before admission.
- Bring sleeping attire and toiletries (shampoo/soap) for a shower in the morning and any medications you usually take.
- Feel free to bring in your own pillow if desired.
- If you have a CPAP machine and mask or any sleep treatment device that you currently use, please bring it along with you.
- The monitoring equipment will be removed after 6:00 AM, a light breakfast will be provided, and discharge will be before 7:30 AM.

Admission payments

Upon confirmation of your booking, the hospital will complete a health fund check and we will notify you if there are any out of pocket expenses. Payments can be made by cash, credit card or EFTPOS. A merchant surcharge applies for credit card payments (1.5% for Mastercard/Visa).

Parking

Overnight hospital parking for sleep study patients is \$6, this will be paid on admission. Present your ticket to the hospital reception, once paid you will receive an exit pass for the next day. **Please note:** if you do not pay on admission, the rate will be \$30 overnight. Alternatively, there is limited street parking on Greenhills Road. Please note time limits apply.

Results

Please organise a follow-up appointment with your sleep physician at least 2-3 weeks after your study date to discuss the sleep study results and further treatment.

Enquiries

If you have any questions or concerns please contact as below, preferred contact is via email.

E: bookings@northernsleepcentre.com.au P: 03 9422 0077 F: 03 9454 9339