

Dear Patient,

Your sleep study admission has been booked for:

Date:

Time:

Location: **Epping Sleep Laboratory**
Epping Private Hospital
Level 1, 230 Cooper Street, EPPING VIC 3076

Cancellations

- At least TWO full working days' notice is required to postpone or cancel your study. To cancel or change your appointment please phone (03) 9422 0077 during business hours (Mon-Thurs 9am-5pm, Fri 9am-3pm).
- If you need to cancel your appointment due to an emergency outside of business hours, please call through to the Epping Private Hospital main phone number on Ph: (03) 9422 4444, to notify the nursing staff of your non-attendance. Cancellation fees may apply.

Preparation prior to your study

- Complete the attached forms and return these to the hospital on the day of your study (see pre-admission details below).
- On the night of your study, prior to admission:
 - Please shower and remove any make-up/moisturizers/hair products and/or nail polish (this includes any manicures/SHELLAC/SNS type polishes - fingers only).
 - Where possible, facial hair should be kept to a minimum (cleanly shaved preferred)
- Dinner is **NOT** provided. Please make your own arrangements before admission.
- Bring sleeping attire and toiletries (shampoo / soap) for a shower in the morning and any medications you usually take.
- Feel free to bring in your own pillow if desired.
- If you have a CPAP machine and mask or any sleep treatment device that you currently use, please bring it along with you.
- The monitoring equipment will be removed between 5:30-6:00 AM, a light breakfast is provided, and discharge will be at 6:30 AM.

Admission payments

Out of pocket expenses **must be paid prior to admission**. Upon confirmation of your booking, the hospital will complete a health fund check and notify you of any out of pocket expenses in the week before your study. Payments can be made by cash, credit card or EFTPOS. A merchant surcharge applies for credit card payments (1.5% for Mastercard/Visa).

On the night of the study

Epping Private Hospital is located on Level 1 of 230 Cooper Street, please arrive at 7:30 PM and proceed to the nurses station for admission. If you have any issues the hospital switchboard phone number is 9422 4444.

Car Parking

Free onsite parking is available at the front of the medical centre, the only access to the building after hours is through the front entrance.

Results

Please organise a follow up appointment with your sleep physician at least 2-3 weeks after your study date to discuss the sleep study results and further treatment.

Enquiries

If you have any questions or concerns please contact as below, preferred contact is via email.

E: bookings@Eppingsleeplaboratory.com.au P: 03 9422 0077 F: 03 9454 9339